

## ***Pre-operative Oral Sedation/ Anesthesia Instructions***

1. **Change in health:** Please notify our office of any change in your child's health prior to the sedation appointment. Ex: Changes in medications, fever, ear infections, cold, flu, cough, congestion, or runny nose. If necessary, your child will be reappointed to another day.
2. **Eating and Drinking:** Your child is not allowed to eat or drink 8 hours prior to the sedation appointment.
3. **Daily Medications:** If your child takes daily/routine medications such as seizure medications, antibiotics, ADHD medications, asthma medications, or other medications prescribed by your child's physicians, please discuss this with the doctor.
4. **Preparation day of your child's sedation appointment:** Your child must be accompanied by a parent or legal guardian for all sedation appointments.

**\*\*If possible, please do not bring any other children with you, especially younger children, to the sedation appointment.** Your child will need your undivided attention, particularly prior to the appointment and during the recovery period at the end of the appointment.\*\*

### **What to expect during your child's dental sedation appointment:**

Dr. Laborde will review the pre operative assessment and weight of your child. Then she will dose the sedation medications to be used with your child. This medication is provided in liquid form.

After your child has had the medication, you will be asked to sit with your child for the next 15-50 minutes until an effect is seen in your child. It is imperative that your child sit throughout this time because his/her coordination may be impaired.

### **During your child's dental treatment:**

We will bring your child to our sedation room. Nitrous oxide (laughing gas) may be administered. The oxygen provided in nitrous oxide is an added benefit to the safety of the sedation and the combined effects of the nitrous provide for a more comfortable experience.

After your child is brought to our sedation room, we may ask that you remain in the waiting room throughout the entire procedure and do not leave the office. Typically, the sedation can last from 45-75 minutes.

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Pediatric conscious sedation is provided to relax your child, but it is not a deep sedation. The goal is to provide a more comfortable experience for your child and an easier environment to perform dental treatment. You should expect that your child will be awake for most of the sedation and responding to the doctor and assistants.

Please remember that the medication is only a sedative and not a general anesthetic so numbing your child with local anesthesia “Shot” is still necessary to perform dental treatment.