

POST SEDATION INSTRUCTIONS

Activities: Do NOT permit your child to participate in activities after treatment. Allow your child to rest; closely supervise any activity for the remainder of the day. When sleeping, encourage your child to lay on his/her side or stomach.

Getting Home: We recommend two responsible adult accompany your child. One adult should drive your child home and a second responsible adult should be available to take care of your child while driving home. Your child should be closely watched for signs of breathing difficulty and carefully secured in a car seat or seat belt during transportation.

Drinking or Eating after Treatment: After treatment, the first drink should be plain water. Clear liquids can be given next (fruit juice, sugar-free Kool-Aid, Gatorade, ginger ale, etc.) Small drinks taken repeatedly are preferable to taking large amounts at once. Soft, bland food may be taken when desired (mashed potatoes, yogurt, soup, pudding, ice cream, popsicles, etc.)

Temperature Elevation: Your child's temperature may be elevated to 101 F (38 C) for the first 24 hours after treatment. Tylenol every 3-4 hours and fluids will help alleviate this condition. Temperature above 101 F (38 C) is cause to notify the office.

Extractions: If your child has had teeth removed, a small amount of bleeding is typical. Do not encourage your child to spit, as this can cause more bleeding. Remember that a small amount of bleeding mixed with a mouth full of saliva can appear like there is more bleeding.

Seek Advice: If any of the following problems arise call the office. If we cannot be reached, call the Emergency Department at your local hospital:

- If vomiting persists beyond 4 hours
- If the temperature remains elevated beyond 24 hours or goes above 101 F
- If there is any difficulty breathing or facial or coloration of the skin is poor
- If any other matter causes you concern

Your child's medications today were as follows:

Demerol (Meperidine): _____ mg

Valium (Diazepam): _____ mg

Vistaril (Hydroxyzine): _____ mg

Versed (Midazolam): _____ mg

2% lidocaine with 1:100k epi x _____ cc

4% septocaine with 1:100k epi x _____ cc

PLEASE CONTACT CLEARFORK PEDIATRIC DENTISTRY AT (817) 885-5020 IF YOU HAVE ANY QUESTIONS OR CONCERNS RELATING TO YOUR CHILD'S TREATMENT. Dr. Laborde's cell phone is 214-226-8732. Please call or text if you have questions or concerns after hours.

Parent/Legal Guardian's Initials: _____

Dr. Elizabeth Laborde: _____

